

STATE PREVENTION INVENTORY - VERMONT PROFILE

STATE PREVENTION SYSTEM

Structure and Organization

The Vermont Office of Alcohol and Drug Abuse Programs (ADAP) is one of six Divisions within the Vermont Department of Health. Prior to 1996, ADAP resided within the Agency of Human Services. The reorganization into the Department of Health has been viewed as a beneficial change for ADAP.

- It will present opportunities to combine resources and link substance abuse to a wide variety of health promotion and disease prevention initiatives.
- It will improve coordination between the substance abuse field and key health care providers such as family physicians.
- It will underscore the message that substance abuse is – first and foremost – a public health and wellness issue.

Almost one-third of ADAP's annual budget comes from the SAPT Block Grant. ADAP is charged with overseeing the statewide prevention, intervention, and treatment system. ADAP has four units:

- Prevention
- Planning/evaluation
- Treatment
- Public Information and Education

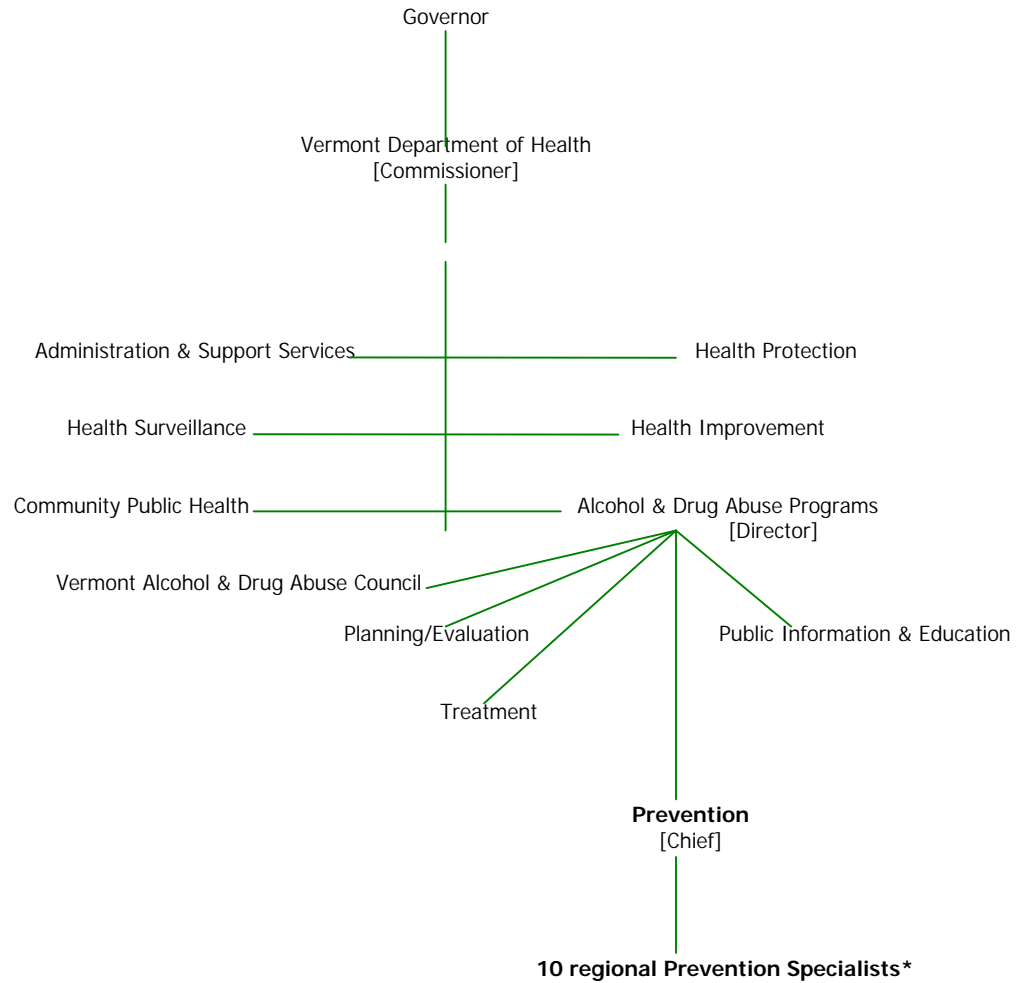
The Prevention Unit is supervised by a Prevention Chief, who reports to the Director of ADAP. In addition to three central office staff persons who are based in Burlington, the Prevention Chief oversees the efforts of ten regional prevention specialists who are deployed throughout the State. These regional specialists organize school- and community-based prevention services in their respective regions. They monitor community grants, provide technical assistance, and work with the appropriate community groups.

The Vermont Alcohol and Drug Abuse Council was created in 1983 by the State's General Assembly. It consists of 11 members: the Commissioner of the Department of Health; the Commissioners of Education, Public Safety, Liquor Control, and Motor Vehicles; a mental health representative; and five members appointed by the Governor to represent the geographical parts of the State. The Council's responsibility is to advise the Governor on the nature and extent of ATOD problems statewide and the programs needed to prevent them, to coordinate regional and local councils, to assist the Department of Education to develop programs, and to develop a five-year plan for substance abuse prevention and treatment.

The Vermont Alcohol and Drug Information Clearinghouse serves as a repository and lending library for printed and visual alcohol and other drug (AOD) materials. These materials are used by schools, community organizations, and treatment programs for alcohol and drug education, information, and awareness. Staffed by a program specialist, the clearinghouse also acts as the site for the State RADAR Network. The clearinghouse offers pamphlets, brochures, books, videos, and other forms of information on ATOD abuse.

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Organizational Chart



* A regional Prevention Specialist is based in each of the following communities: Barre, Bennington, Brattleboro, Burlington, Middlebury, Morrisville, Rutland, St. Albans, St. Johnsbury, and White River Junction.

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FUNDING AND RESOURCES

Year (FFY)	State Funding	SAPT Funding	20% Set-aside
1993	\$360,218	\$1,900,825	\$381,456
1994	267,957	1,960,825	440,165
1995	316,063	2,428,248	485,650

Allocation of Funds

CSAP Strategy	FFY 1993	FFY 1994	FFY 1995
Information Dissemination	\$9,450	\$9,450	\$10,456
Education	60,351	63,706	126,108
Alternatives	32,412	34,412	25,021
Problem Identification and Referral	17,100	17,100	14,066
Environmental	1,000	1,000	5,741
Community-based Process	261,143	314,497	304,258
Other	0	0	0

Resource Spending*	FFY 1993	FFY 1994	FFY 1995
Planning, Coordination, and Needs Assessment	\$0	\$32,240	\$31,072
Quality Assurance	0	167,171	110,023
Training (post-employment)	3,100	13,600	4,860
Education (pre-employment)	0	0	0
Program Development	0	0	0
Research and Evaluation	0	32,240	31,072
Information Systems	0	3,060	18,060

* These expenditures fell outside the set-aside.

Substate entities receiving set-aside funds for prevention service delivery

- 3 State agencies
- 10 regional prevention offices
- 26 non-profit agencies
- 40 community-based organizations
- 117 schools

Average amount of grant/contract:

- FFY 1993 – \$1,500*
- FFY 1994 – \$1,500
- FFY 1995 – \$1,016

* Estimate, provided by State.

Per-capita 20% set-side spending (population):

- FFY 1993 - \$0.66
- FFY 1994 - \$0.68
- FFY 1995 - \$0.83

Staff/Volunteers designated and supported by set-aside funding and level:

- FFY 1993 -
 - State: 2 FTE/0 Volunteers
 - Regional: 9 FTE/0 Volunteers*
 - Local: N/A**
- FFY 1994 -
 - State: N/A
 - Regional: 10 FTE/0 Volunteers*
 - Local: N/A
- FFY 1995 -
 - State: 3 FTE/0 Volunteers
 - Regional: 10 FTE/0 Volunteers*
 - Local: N/A

*Regional positions are funded with a mix of SAPT Block Grant funds and State funds.

**Data not available from State.

STATE CONTACT

Marcia LaPlante

Prevention Services Chief
Office of Alcohol and Drug Abuse Programs
Department of Health
108 Cherry Street, P.O. Box 70
Burlington, VT 05402-0070
(802) 651-1560
(802) 651-1573 fax
marcia@adap.adp.state.vt.us

PROGRAMS AND SERVICES

Definition of Prevention:

Prevention is the active process of creating social and physical conditions and fostering personal attributes that promote healthy, drug-free lifestyle choices among individuals, families, and communities.

Does the State have prevention plan?

ADAP's Prevention Unit implements a comprehensive prevention strategy, which is articulated in the *Prevention Unit Services Report (SFY 1997)*.

- Parents
- Women
- Elderly

Target populations for prevention services:

- Youth
- General population
- Service personnel

Total Number served:

- FFY 1993 – N/A*
- FFY 1994 – N/A
- FFY 1995 – 16,750**

*Data not available from State.

**Does not include community-based organizations.

Programs funded: ``

Type	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995	
Information dissemination	N/A◊◊	N/A	20/2,534	VT Alcohol and Drug Information Clearinghouse; Community Alliance Resource Directory (Town of Rockingham);
Community and professional mobilization	N/A	N/A	11/462◆◆	Department of Health Governance Groups; Success by Six Collaborations; Asset Development Visioning Groups; Alcohol Task Forces; Community Partnerships; Safe and Drug Free Schools Advisory Councils; Communities That Care; Teen Educational Center (Orwell Village); Safe party parent network; Rutland Area Prevention Coalition
Education	N/A/118* N/A/8,500**	N/A	107/3,042	Mason's CARE Training; VT Teachers Handbook; Junior High Project; Adult Institute; Peer Leadership Program; Health Fairs; classroom/small group sessions; parenting/family management classes

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Type	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995	
Alternatives	N/A/187***	N/A	31/802	Green Mountain Prevention Projects; VT Teen Leadership conferences; Project Graduations; First Nights; "Stay After School – Just For the Fun of It" Program; Five-Town Kids; drug-free dances/parties; community drop-in centers
Outreach	N/A	N/A	15/N/A	Windsor Community Health Initiative
Social policy/environmental change	N/A	N/A	5/N/A	Tobacco compliance check project (Department of Liquor Control); establishment ad review of alcohol/tobacco/other drug policy; media campaigns; community and volunteer training
Early intervention	N/A	N/A	14/N/A	Student assistance programs◊; employee assistance programs; teacher training (via Act 51 initiatives with the Department of Education); DUI/DWI education programs; alcohol/drug screenings in primary health care settings

◆ In Federal Fiscal Year 1993, SAPT set-aside funds were used for 95 awarded grants, whose distribution was as follows:

Education	35%
Alternatives	31%
Community/professional mobilization	14%
Information/awareness	8%
Early intervention	7%
Outreach	2%
Social policy	1%

◆ In Vermont, a mix of Federal Block Grant set-aside dollars and State General Fund dollars are utilized to fund prevention programs throughout the State.

*Number of team members trained in Mason's CARE Training program.

**Number of handbooks produced and distributed in Vermont Teachers Handbook program.

***Number of students participating in Green Mountain Prevention Project's Teen Institute.

◊ In Vermont, student assistance programs also receive funds from the Federal Drug Free Schools Block Grant.

◆◆Number of parents, parent supporters, and educators trained.

◊◊Data not available from State.

DATA COLLECTION ACTIVITIES

Results currently available on prevention programs funded by the 20% set-aside (including needs assessment and data collection):

Vermont has implemented a Substance Abuse Monitoring System (SAMS). SAMS monitors a collection of social indicators, including:

- Cigarette sales
- Liquor licenses by county
- Tobacco sales to minors
- Child abuse and neglect rates
- Substitute care rates
- Teen pregnancies
- High school graduation rates
- Alcohol-related traffic fatalities
- Alcohol-related hospital discharges by county
- Single vehicle night crashes by county
- Violent crime rates by county
- Property crimes by county
- Adult smoking rates
- Binge drinking rates
- Public treatment admissions by county
- Apparent per capita alcohol consumption
- Youth use of alcohol, tobacco, and marijuana
- Number of youth with a suicide plan
- Number of youth who report drinking and driving

SAMS is utilized by ADAP to:

- Guide program planning and development.
- Set benchmarks and goals for performance-based monitoring of treatment and prevention providers.
- Develop a statistical model for estimating treatment and prevention needs in each geographical area of the State.
- Meet the monitoring requirements of the Federal Performance Partnership Grant.*

In addition, ADAP is presently piloting a Prevention Management Information System to gather data on the direct prevention services the staff provides and on services generated through the Office's community grants.

In terms of needs assessment, the Vermont Youth Risk Behavior Survey, a collaboration between the Department of Health's ADAP and the Department of Education's Comprehensive School Health Programs, is executed every two years. This survey is administered to Vermont high school students in Grades 8 and 12, and is designed to measure the incidence and prevalence of behaviors that contribute to mortality and morbidity among youth. Approximately two-thirds of the State's school districts have participated in this survey, which is partially funded through the SAPT prevention set-aside.

* Previously, Substance Abuse Prevention and Treatment (SAPT) Block Grants have utilized "set-aside" requirements, in which funding is designated for certain types of services (e.g., prevention activities). This mechanism of funding is transitioning into "Performance Partnership Grants," which will rely on outcomes-based accounting.

SUPPORT SERVICES

Training and Technical Assistance:

ADAP facilitates the delivery of training to prevention workers through conferences, workshops, and focus groups. A blend of SAPT Block Grant funds and State funds are utilized to support staff development activities. Specific examples of training/technical assistance include:

- Parents Make a Difference Project – This ongoing project provides training to professionals already working in parent education and support areas. It also has a component that provides support and education to parents of middle school students.
- Substance Abuse Prevention Workshops – This ongoing series of workshops is targeted to a variety of professionals, including law enforcement personnel, prevention professionals, and substance abuse experts.
- Substance Abuse Prevention Education for Public School Educators – This training for public school educators is provided annually.

Certification Activities:

At present, no official certification program for prevention specialists exists in the State of Vermont.